



## **Third Initiation into Babaji's Kriya Yoga Advanced Training in Bulgaria in 2019**

organized by Babaji's Kriya Yoga Order of Acharyas

with Acharya Satyananda

in English language with translation into Bulgarian

**August 8–18, 2019**

at the Trinity Retreat House, Apriltsi, Bulgaria

application is required, registration deadline July 1, 2019

### **Invitation**

Dedicated students of Babaji's Kriya Yoga, who have received the second initiation, may be ready to advance to receiving the third initiation into Babaji's Kriya Yoga in an 11-day intensive retreat seminar.

We offer a new unique opportunity to attend a training session in Bulgaria in the summer of 2019.

The training will be given in English language, with translation into Bulgarian, so that our international English speaking students can participate as well.

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### **Details**

#### **Contents of a Third Initiation program:**

The third initiation seminar is an advanced training into 144 Kriyas, which allows you to immerse yourself deeply into our tradition of Babaji's Kriya Yoga, and glimpse insights of the rich body of knowledge of the Siddhas, the ancient Yoga adepts of India. These 144 Kriyas include specific techniques to extend your repertoire of transformation and healing tools, to purify your subtle bodies, to induce the awakening of Kundalini, our latent potential of life force, and Samadhi states of consciousness in communion with the Absolute, to develop your latent subtle faculties or „Siddhis“, and to cultivate a relationship with the Siddhas and Babaji.

The third initiation complements and extends the foundation of practice of the first and second initiation and reflects the essence of various paths of the authentic tradition of Yoga. It was compiled in this form by Yogi Ramaiah from South India, the founder of our lineage of Kriya Yoga.

#### **Conditions for participation:**



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- Second initiation into Babaji's Kriya Yoga, complete participation in at least one second initiation and one first initiation seminar,
- At least one year of personal practice of Babaji's Kriya Yoga,
- Prior personal application and approval by the Acharya,
- Complete attendance during the program with accommodation at the venue.

### **Our Acharya:**

Satyananda, Yogacharya in Babaji's Kriya Yoga Order of Acharyas, gives seminars with initiation into Babaji's Kriya Yoga, mainly in Europe, India and East. Certified in Psychology and Psychotherapy, he has worked in clinical and corporation settings. After studying spiritual wisdom of the world since childhood, and Vedanta and Yoga for more than a decade in India and the West, he dedicated one decade exclusively to intense study and practice and to Karma Yoga serving Babaji's Kriya Yoga and its students. Since more than one decade he offers programs for Babaji's Kriya Yoga and on Yoga psychology, philosophy and metaphysics, individual counseling, and regularly pilgrimages to India's sacred places and holy masters.



### **Our Venue:**

Our venue is the "Trinity Retreat House" in the countryside of Bulgaria, near Troyan and the beautiful Troyan Monastery in the Balkan Mountains (Stara Planina), in the town of Apriltsi, at Malina Street, next to it are the rivers Ostreshka and Vidima. Apriltsi is a resort with a good infrastructure, popular to rest and relax and for its clean air with a high positive ionic charge, used in the past for a sanatorium for lung conditions. The Trinity Retreat House is a special place, with a supportive environment for our training, with an inspirational atmosphere of high vibration with loving hosts, who we know very well, and who offer valuable lovingly prepared food, ideally suitable for our Sadhana and deep transformational processes.

### **Schedule:**

The seminar is a retreat with accommodation at the venue for 10 nights. The program starts on Thursday, Aug. 8, 2019, with check-in and registration until 2 p.m., and the opening session at 5 p.m. Check-in and settlement of payments will be completed before the program starts. The program ends on Sunday, Aug. 18, 2019, at noon with a lunch snack. Plan your departure for the afternoon. Participants found it helpful to allow more time for themselves to arrive, settle or depart, therefore we offer the possibility to arrive on Wednesday, Aug. 7, in the evening, and to check out and depart on Monday morning, Aug. 19, after breakfast.

### **Accommodation:**

The venue offers full board with three meals per day and lodging in shared triple rooms during the program for €300, and €30 for each additional night. In case you have special needs related to your accommodation, please contact our local organizer Nevena.

### **Suggested Contribution:**

Babaji's Kriya Yoga Order of Acharyas strives to offer the initiations to any sincerely interested person, worldwide and independent of their country and means. There is no charge for traditional initiation as such, the suggested contribution of each participant, however, is required to cover the average costs involved, which only allows us to make this seminar possible for you. Therefore, we ask every participant to contribute to their initiation. The suggested contribution for this seminar is €400, for a repetition half the amount.



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### **Application and Registration:**

Prior personal application is required. The deadline for registration is July 01, 2019.

Available places are limited at the retreat venue. Early registration will ensure a place. Afterwards, applications will be put on waiting list.

Admission to the training requires a personal application and approval by the Acharya, it includes a questionnaire about your personal practice of Babaji's Kriya Yoga. You are asked to inform us in advance about any personal medical, psychiatric or energetic conditions, which could cause preventing or compromising you or other participants from participating fully in the seminar.

*For inquiries and for registration,*

please contact our local organizer and facilitator [Nevena](mailto:Nevena@babajiyoga.com) by EMail.

You will receive a questionnaire for your personal application. After your admission has been approved, please book your accommodation and reserve your place with a bank transfer of €300 to the venue, which can be done in one or two instalments, until the deadline of July 01, 2019. Details will be given upon your registration. A payment will be refunded in case of seminar cancelation.

After your registration, you will receive further details for your travel and your personal preparation.

### **Repeating the Third Initiation:**

A repetition of the Third Initiation seminar enables you to deepen, refine and refresh your personal Yoga practice. It widens your horizon of understanding, and revives your inner inspiration and motivation to renew your own Sadhana, as many testimonials of our students confirm impressively. Each further repetition even intensifies those effects, as it will enable you to even progress into deeper levels.

For first time repeaters, it is required to participate every day like new students. Whereas our students, who have already participated more than once, are also welcome to attend and visit us on selected days, after prior arrangement, in particular on days with the fire rituals.

### **Repeating a First and Second Initiation:**

Each and every repetition brings yet again new experiences, insights and inspiration for your personal Sadhana and establishes deeper levels of your Yoga practice. To repeat an initiation program is not only meaningful for students who intend to refresh their initiation training and knowledge, but also for those students, who are going to attend a third initiation program for the first time, in order to prepare themselves in the best way.

The second initiation program is a weekend retreat from Friday afternoon to Sunday afternoon. Participation requires at least one completed first initiation seminar. The second initiation program of Babaji's Kriya Yoga complements the first initiation program. Essential Kriya Yoga techniques are added, as well as experiences of more qualities of Yoga like meditative silence, initiation into mantras, and a fire ritual. It deepens the awakening of consciousness and the integration of Kriya Yoga practices into daily life - both fundamental for practising effectively.

For more details, see the first initiation and second initiation seminar programs on our website.

### **This information is subject to modification.**

Short term modifications are sometimes unavoidable to comply with the circumstances. With your enrollment, we are able to contact you personally in such case. Without registration, please check for updates yourself!

### **Further information:**



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According to the ancient Yoga tradition, contents of initiations and descriptions of Kriya techniques are not written down and published.

However, you find a lot of background information about the initiation seminars in our flyers, articles, books and other media on our website.

This seminar program is listed on our **website** in the **event schedule** ↗, together with other seminars and activities in other countries.

↗ **Bulgaria's community** has its own section in Bulgarian language.

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A **Guiding line** for participating in our in-depth extensive third initiation:

*"In our advanced training, 144 authentic Kriya Yoga techniques will be taught, explained in their context and practiced together. However, like in the two prior initiations, even here the purpose is not at all to collect as many 'techniques' as possible, but to open up a space for inner awakening and expansion by the techniques' power of transformation, and to attend to personal individual strengths and blockages by means of their diversity. It is about integrating them into the space of one's own body and experience – it is about life force and Your Life.*

*A sincere, joyful, agreeing heart's impulse, while thinking about it, is significant for your ability to take back home something really essential, to transfer it into your own life and to apply it into your daily life. Whereas typical performance based doubts such as "I might not be ready 'enough'...", "it might be 'too much' at once...", or "it's not 'that' necessary...", etc. neither can capture nor indicate your genuine inner willingness. In regard to outer obstacles, trust in unexpected doors, new signals and the right moment that life will offer you in response to your genuine heart's intention. Namaste. **You are cordially Welcome.**"*

Satyananda, Babaji's Kriya Order of Acharyas

A **Letter of Invitation** to the third initiation training by M.G. Satchidananda ↗ on our website.

M.G. Satchidananda, founder and director of Babaji's Order of Acharyas