

BABAJI'S KRIYA YOGA

The Yoga of the Siddhas

December 18-20, **2026 in SAMMAMISH, WA**

with Acharya **Natarajan, Babaji's Kriya Yoga Order of Acharyas**



Kriya Yoga – *the Internal alchemy of Yoga*

First **Initiation** into Kriya Kundalini Pranayama

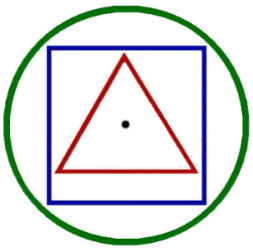
the breath to creation's power & consciousness

7 dhyana **meditation** techniques

18 body postures · sacred initiation ceremony with Babaji mantra · life guidance.

A path to action with awareness, self-transformation, self-empowerment and self-realization

- *Improve your Health, Mental Fitness and Inner Well-Being*
- *Consciously Create your Life. Act with Awareness*
- *Awaken your Power of Intention and Manifestation*
- *Transform limiting unconscious habitual patterns*
- *Find your Self, Absolute Reality and Inner Peace*
- *Enhance your current Spiritual or Religious Practice*
- *Accelerate Divine Consciousness progressing in your Being*
- *Realize the Source of Wisdom inside your own inner Experience*



Practice of Kriya Yoga is independent of age, physical health, socio-cultural or religious background, and integrates into any other spiritual practice. – **Initiation** means to receive one's initial or deepening experiences with a practice in a safe and sacred setting from a teacher initiated in the lineage authorized to guide others in them. – Those **powerful Tools** with profound effect are given in person, specifically to you, and *only* for your own private use on yourself. – **Your Ability** to use them requires your initial training and your regular personal practice. Then you can and will experience the sacred magic of inner alchemy which words cannot describe.

"The Goal of life is happiness, peace, love, enlightenment – The desire for perfection comes forth from the Self, the image of God, which seeks to express itself through all humanity" -Yogi Ramaiah

Organized by **Babaji's Kriya Yoga Order of Acharyas**

babajiskriyayoga.net

a registered non-profit educational organization (Canada, USA, India, Sri Lanka)

info@babajiskriyayoga.net

Founder President **Marshall Govindan Satchidananda**. All rights reserved.

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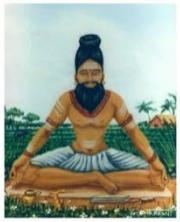
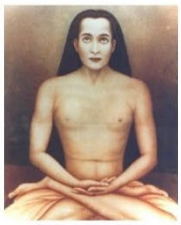
The 18 Siddhas


Siddha Tirumular

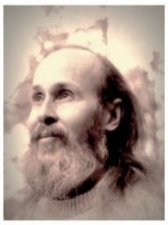

Siddha Patanjali


Siddha Agasthya


Siddha Boganathar


Kriya Babaji Nagaraj


Yogi Ramaiah


M.G. Satchidananda

THE PROGRAM

Venue

Sammamish, WA 98075

Schedule

Introductory Conference:

Sammamish, WA

Friday, December 18, 2026

7 – 9 p.m.

2-day weekend Seminar:

Saturday – December 19 – 8am - 5pm

Sunday – December 20 – 8am - 5pm.

complete attendance mandatory

Suggested contribution

$ 300

reduced for repeaters

prior to the start of the program

Registration

⇨ *fill out our online Enrollment form*

required in advance, details may change

we reserve the right of admission

please contact by email or text:

Nat Natarajan (425) 623-8402

(text or WhatsApp)

Email: acharya.natarajan@gmail.com

⇨ info@babajiskriyayoga.net

Information

⇨ *visit our website <babajiskriyayoga.net>*

⇨ *visit our <bookstore> · Recommended books:*

⇨ *read <testimonials> of our students' experiences*

⇨ *listen to the <introductory lecture> by Satchidananda*

⇨ *read the article on <significance of initiation>*

TESTIMONIALS

"Perfect. I couldn't think how it could be better."

"This two and a half day 'initiation' cut through the noise, and I arrived at a whole heap of stuff that I could take back and use immediately. I recommend it highly."

"I have I found that Kriya Yoga is the fullest flowering of yogic practices. A yoga practice offered as a living experience."

"It was wonderful... elevating, enlightening, comforting, inspiring and immediately actionable... all rolled into one... not many things like that on this planet."

"I am feeling relieved and very hopeful with the journey ahead of me. Peaceful in the knowledge that I will find myself – a self I always felt I never knew."

"Just what I wanted. I was in a different world altogether. Time & money well spent for myself."

"By regularly practicing Kriya Yoga, I'm able to come home to myself after being out there in the world. I have within me all that it takes to deal with what is going on inside and outside me."

Your contribution: Babaji's Kriya Yoga Order of Acharyas strives to offer this opportunity for initiation to any sincerely interested person, worldwide. Traditionally, initiation *(diksha)* as such has no charge. However, in order to keep our offer to you independent from external sponsoring and to cover the costs involved to make this group program possible for you, we request from each of our participants a suggested contribution for receiving initiation and their own participation.

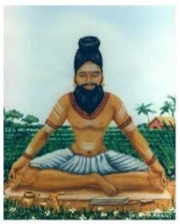
Suggested Reading Prior to Initiation:

⇨ Kriya Yoga: Insights Along the Path,

⇨ Babaji and the 18 Siddha Kriya Yoga Tradition by M. Govindan

⇨ Autobiography of a Yogi by P. Yogananda


The 18 Siddhas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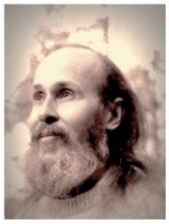
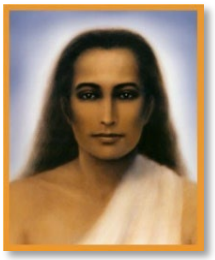

M.G. Satchidananda

KRIYA YOGA is the holy scientific art of perfect God–Truth union and Self-Realization and was revived for today's humanity by a perfected grand master of India and spiritual world teacher, **Kriya Babaji Nagaraj**, nowadays taught in various branches of his disciples. It is a practical distillation of Siddhanta, a synthesis of ancient teachings of the **Siddhas,** India's mystic ageless sages and tantric Yoga adepts who have attained perfection, represented by Siddha Tirumular's *'Tirumandiram'* Tantra Yoga, Siddha Boganathar's Yoga of secret internal alchemy, and Siddha Patanjali's famous *'Yoga Sutras',* reflected in the South Indian.



18 SIDDHA TRADITION



THE TEACHER

Acharya Natarajan was first initiated into Babaji's Kriya Yoga in 2017. As a determined and sincere seeker, he has been practicing Babaji's Kriya Yoga since then, deeply appreciating the authenticity of these integral, synergistic and transformative teachings. He now offers Kriya Yoga Initiation Seminars in USA, Canada and India. As a certified teacher in Babaji's Kriya Hatha Yoga, he offers Hatha Yoga classes every weekend in the Seattle area on a voluntary basis. He has a Ph.D. degree in Engineering from Texas A&M, USA. He worked in Director level roles at Microsoft and Amazon for over 25 years and has led large global organizations. He has been able to integrate yoga in his daily life even while pursuing a dynamic and successful corporate career. He has two grown-up sons and lives with his wife Latha in Sammamish, WA.

THE TEACHING

You learn a powerful transforming magnetizing breathing technique (*kriya kundalini pranayama*) with six phases, seven meditation techniques (*dhyana*) to master the mind, postures (*asana*) to master the body, and in a sacred ceremony *(puja)* an invocation *mantra* to connect to the Grace of Kriya Babaji and your own inner Guru.

You receive clear instruction and practical training in using a series of essential yogic techniques *(Kriyas)* to awaken, circulate, store and increase subtle energies and your life force, to purify, heal and strengthen your body, mind and intellect, to enhance awareness, to burn your *Karmas* and find your *Dharma*, to use the universal law of attraction, to accelerate the natural progression of Divine Consciousness into your human nature, to unfold your divine and human potential in all your bodies or levels of existence.

You realize your own inner experience to be a reliable authoritative source of growth, wisdom, knowledge, transformation and self-empowerment.

THE LINEAGE

Babaji's Kriya Yoga Order of Acharyas, founded by M. Govindan Satchidananda, inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates in three progressive stages into a series of 144 comprehensive Yoga techniques (*Kriyas*), which represent a five-fold path of Yoga, based on the teachings of Babaji and the 18 Siddha tradition.

Initiation is given in three intensive residential or day program seminars, starting with this **First initiation**.

A **Second initiation** residential 3-day retreat introduces other qualities of integral Yoga, with a *mantra* initiation (*diksha*) and fire ritual (*yagna*), sacred silence (*mauna*), additional substantial pranayamas, training of awareness, and how to constantly practice Yoga in daily life.

A **Third initiation** residential 9-day advanced retreat introduces a series of 144 Kriyas, techniques to purify the bodies and develop subtle energy powers (*siddhis*) and the mystic states of consciousness in meditation (*samadhi*).

Repeating will refresh, deepen and expand inner experience, insights, knowledge and prepare for attending the next stage.

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